

Indirect Care Behaviors

Indirect Care is evaluated during the performance of every skill (except handwashing) during the Clinical Skills Test. The Indirect Care checkpoints that the evaluator will observe for while candidates perform skills are:

Does the candidate:

- Greet resident, address by name, and introduce self?
- Provide explanations to resident about care before beginning and during care?
- Ask resident about preferences during care?
- Use Standard Precautions and infection control measures when providing care?
- Ask resident about comfort or needs during care or before care completed?
- Promote resident's rights during care?
- Promote resident's safety during care?

A chart is provided below with information about the specific behaviors evaluators will observe for when rating the Indirect Care checkpoints for Standard Precautions-Infection Control, resident's rights and safety. When using this chart, instructors and candidates should realize that there are many more behaviors that are appropriate when providing care to residents that are both taught and are important to quality care. This chart represents what is expected to establish minimal standards of competency.

The chart also provides information for rating the checkpoint "Ask resident about comfort or needs..." The only time the evaluator listens for the candidate to address a specific comfort is in the bathing-type skills (e.g., catheter care, foot care, hand and nail care, partial bed bath, perineal care) with the expectation the candidate will ask the resident about comfort with the water temperature. For other comfort/needs and preferences that candidates ask the residents about, they do not need to be specific to the skill. For example, asking if a resident wants the privacy curtain left opened at the end of a skill, or if the resident would like his/her reading material, are both examples of questions that are not skill specific.

During the test, anytime candidates use gloves, whether required for Standard Precautions or whether candidates decide to wear them, candidates are expected to remove their gloves without contaminating themselves as a requirement for the checkpoint, "Use Standard Precautions and infection control measures when providing care."

When reviewing the chart, there are several skills that under Indirect Care-Rights, closing of the privacy curtain is not required. This is because these skills (ambulation, feeding, hand and nail care, measure and record pulse or respirations, and transfer) are sometimes performed in a more public way in the nursing home setting. Facility policies and other practices may suggest times when privacy is indicated for these skills; however, during the test pulling the privacy curtain is not specifically required, although the candidate may choose to do so.

Skill	Standard Precautions-Infection Control	Comfort-Needs	Rights	Safety
Ambulate	<ul style="list-style-type: none"> <input type="checkbox"/> refrain from touching resident before hands are clean <input type="checkbox"/> end skill with clean hands 	Per checkpoint	<ul style="list-style-type: none"> <input type="checkbox"/> announce self or knock before entering room <input type="checkbox"/> refrain from addressing resident using terms, other than a name, such as “honey” 	<ul style="list-style-type: none"> <input type="checkbox"/> leave call light in or near resident’s hand, or on the bed within reach at end of skill <input type="checkbox"/> leave bed in low position at end of skill
Bedpan	<ul style="list-style-type: none"> <input type="checkbox"/> refrain from touching resident before hands are clean <input type="checkbox"/> end skill with clean hands <input type="checkbox"/> avoid placing bedpan directly on the overbed table <input type="checkbox"/> avoid holding clean or dirty linen against clothing <input type="checkbox"/> avoid placing linen directly on floor <input type="checkbox"/> remove gloves without contaminating self 	<ul style="list-style-type: none"> <input type="checkbox"/> ask resident about comfort of bedpan position or position before leaving to use the bedpan <input type="checkbox"/> per checkpoint 	<ul style="list-style-type: none"> <input type="checkbox"/> announce self or knock before entering room <input type="checkbox"/> refrain from addressing resident using terms, other than a name, such as “honey” <input type="checkbox"/> close privacy curtain before providing care <input type="checkbox"/> leave resident covered with top sheet while using the bedpan and at the end of the skill (arms do not need to be covered) 	<ul style="list-style-type: none"> <input type="checkbox"/> leave call light in or near resident’s hand at end of skill <input type="checkbox"/> leave bed in low position at end of skill
Catheter Care	<ul style="list-style-type: none"> <input type="checkbox"/> refrain from touching resident before hands are clean <input type="checkbox"/> end skill with clean hands <input type="checkbox"/> avoid placing soiled linen (e.g., washcloth, towel, underpad) directly on overbed table <input type="checkbox"/> avoid holding clean or dirty linen against clothing <input type="checkbox"/> avoid placing linen directly on floor <input type="checkbox"/> use bath basin for bathing water <input type="checkbox"/> remove gloves without contaminating self 	<ul style="list-style-type: none"> <input type="checkbox"/> ask resident about comfort with water temperature <input type="checkbox"/> per checkpoint 	<ul style="list-style-type: none"> <input type="checkbox"/> announce self or knock before entering room <input type="checkbox"/> refrain from addressing resident using terms, other than a name, such as “honey” <input type="checkbox"/> close privacy curtain before providing care <input type="checkbox"/> minimize exposure of resident while bathing <input type="checkbox"/> leave resident covered with top sheet at completion of care (arms do not need to be under covers) 	<ul style="list-style-type: none"> <input type="checkbox"/> leave call light in or near resident’s hand at end of skill <input type="checkbox"/> leave bed in low position at end of skill
Change an occupied bed	<ul style="list-style-type: none"> <input type="checkbox"/> refrain from touching resident before hands are clean <input type="checkbox"/> end skill with clean hands <input type="checkbox"/> avoid placing soiled linens directly on overbed table <input type="checkbox"/> avoid holding clean or dirty linen against clothing <input type="checkbox"/> avoid placing linen directly on floor <input type="checkbox"/> avoid fluffing, shaking, or throwing linens 	Per checkpoint	<ul style="list-style-type: none"> <input type="checkbox"/> announce self or knock before entering room <input type="checkbox"/> refrain from addressing resident using terms, other than a name, such as “honey” <input type="checkbox"/> close privacy curtain before providing care <input type="checkbox"/> refrain from leaving resident completely uncovered while top sheet being replaced 	<ul style="list-style-type: none"> <input type="checkbox"/> leave call light in or near resident’s hand at end of skill <input type="checkbox"/> leave bed in low position at end of skill

Skill	Standard Precautions-Infection Control	Comfort-Needs	Rights	Safety
Change of position	<ul style="list-style-type: none"> <input type="checkbox"/> refrain from touching resident before hands are clean <input type="checkbox"/> end skill with clean hands <input type="checkbox"/> avoid holding pillow fully against clothing (e.g., hugging) 	Per checkpoint	<ul style="list-style-type: none"> <input type="checkbox"/> announce self or knock before entering room <input type="checkbox"/> refrain from addressing resident using terms, other than a name, such as “honey” <input type="checkbox"/> close privacy curtain before providing care <input type="checkbox"/> leave resident covered with top sheet at end of skill (arms do not need to be covered) 	<ul style="list-style-type: none"> <input type="checkbox"/> leave call light in or near resident’s hand (on side turned toward) at end of skill <input type="checkbox"/> leave bed in low position at end of skill
Dressing	<ul style="list-style-type: none"> <input type="checkbox"/> refrain from touching resident before hands are clean <input type="checkbox"/> end skill with clean hands <input type="checkbox"/> avoid placing dirty gown directly on floor <input type="checkbox"/> avoid holding clean or dirty clothing against candidate’s clothing 	Per checkpoint	<ul style="list-style-type: none"> <input type="checkbox"/> announce self or knock before entering room <input type="checkbox"/> refrain from addressing resident using terms, other than a name, such as “honey” <input type="checkbox"/> close privacy curtain before providing care <input type="checkbox"/> minimize exposure of resident while undressing/dressing 	<ul style="list-style-type: none"> <input type="checkbox"/> leave call light in or near resident’s hand (stronger side) at end of skill <input type="checkbox"/> leave bed in low position at end of skill
Feeding	<ul style="list-style-type: none"> <input type="checkbox"/> refrain from touching resident before hands are clean <input type="checkbox"/> end skill with clean hands <input type="checkbox"/> avoid holding clean or dirty linen, to include clothing protector, against clothing <input type="checkbox"/> avoid placing linen, to include clothing protector, directly on floor 	Per checkpoint	<ul style="list-style-type: none"> <input type="checkbox"/> announce self or knock before entering room <input type="checkbox"/> refrain from addressing resident using terms, other than a name, such as “honey” 	<ul style="list-style-type: none"> <input type="checkbox"/> leave call light in or near resident’s hand, or on the bed within reach at end of skill <input type="checkbox"/> leave bed in low position at end of skill
Foot care	<ul style="list-style-type: none"> <input type="checkbox"/> refrain from touching resident before hands are clean <input type="checkbox"/> end skill with clean hands <input type="checkbox"/> avoid placing dirty linen directly on overbed table <input type="checkbox"/> avoid holding clean or dirty linen against clothing <input type="checkbox"/> avoid placing linen directly on floor except when used as barrier during foot care <input type="checkbox"/> remove gloves (if worn) without contaminating self 	<ul style="list-style-type: none"> <input type="checkbox"/> ask resident about comfort with water temperature <input type="checkbox"/> per checkpoint 	<ul style="list-style-type: none"> <input type="checkbox"/> announce self or knock before entering room <input type="checkbox"/> refrain from addressing resident using terms, other than a name, such as “honey” <input type="checkbox"/> close privacy curtain before providing care 	<ul style="list-style-type: none"> <input type="checkbox"/> leave call light in or near resident’s hand, or on the bed within reach at end of skill <input type="checkbox"/> leave bed in low position at end of skill

Skill	Standard Precautions-Infection Control	Comfort-Needs	Rights	Safety
Hand and nail care	<input type="checkbox"/> refrain from touching resident before hands are clean <input type="checkbox"/> end skill with clean hands <input type="checkbox"/> avoid holding clean or dirty linen against clothing <input type="checkbox"/> avoid placing linen directly on floor <input type="checkbox"/> remove gloves (if worn) without contaminating self	<input type="checkbox"/> ask resident about comfort with water temperature <input type="checkbox"/> per checkpoint	<input type="checkbox"/> announce self or knock before entering room <input type="checkbox"/> refrain from addressing resident using terms, other than a name, such as “honey”	<input type="checkbox"/> leave call light in or near resident’s hand, or on the bed within reach at end of skill <input type="checkbox"/> leave bed in low position at end of skill
Measure and record contents urinary drainage bag	<input type="checkbox"/> refrain from touching resident before hands are clean <input type="checkbox"/> end skill with clean hands <input type="checkbox"/> remove gloves without contaminating self <input type="checkbox"/> avoid placing linen directly on floor except as barrier <input type="checkbox"/> avoid placing soiled linen directly on overbed table <input type="checkbox"/> avoid placing bedpan (if used) directly on overbed table <input type="checkbox"/> use barrier when temporarily setting urine-filled container on overbed table or bedside cabinet (<i>before measuring</i>)	Per checkpoint	<input type="checkbox"/> announce self or knock before entering room <input type="checkbox"/> refrain from addressing resident using terms, other than a name, such as “honey” <input type="checkbox"/> close privacy curtain before providing care	<input type="checkbox"/> leave call light in or near resident’s hand at end of skill <input type="checkbox"/> leave bed in low position at end of skill
Measure and record pulse	<input type="checkbox"/> refrain from touching resident before hands are clean <input type="checkbox"/> end skill with clean hands	Per checkpoint	<input type="checkbox"/> announce self or knock before entering room <input type="checkbox"/> refrain from addressing resident using terms, other than a name, such as “honey”	<input type="checkbox"/> leave call light in or near resident’s hand at end of skill <input type="checkbox"/> leave bed in low position at end of skill
Measure and record respirations	<input type="checkbox"/> refrain from touching resident before hands are clean <input type="checkbox"/> end skill with clean hands	Per checkpoint	<input type="checkbox"/> announce self or knock before entering room <input type="checkbox"/> refrain from addressing resident using terms, other than a name, such as “honey”	<input type="checkbox"/> leave call light in or near resident’s hand at end of skill <input type="checkbox"/> leave bed in low position at end of skill
Mouth care-brush teeth	<input type="checkbox"/> refrain from touching resident before hands are clean <input type="checkbox"/> end skill with clean hands <input type="checkbox"/> avoid holding clean or dirty linen against clothing <input type="checkbox"/> avoid placing linen directly on floor <input type="checkbox"/> remove gloves without contaminating self	Per checkpoint	<input type="checkbox"/> announce self or knock before entering room <input type="checkbox"/> refrain from addressing resident using terms, other than a name, such as “honey” <input type="checkbox"/> close privacy curtain before providing care	<input type="checkbox"/> leave call light in or near resident’s hand at end of skill <input type="checkbox"/> leave bed in low position at end of skill

Skill	Standard Precautions-Infection Control	Comfort-Needs	Rights	Safety
Mouth care-denture	<ul style="list-style-type: none"> <input type="checkbox"/> refrain from touching resident before hands are clean <input type="checkbox"/> end skill with clean hands <input type="checkbox"/> avoid holding clean or dirty linen against clothing <input type="checkbox"/> avoid placing linen directly on floor <input type="checkbox"/> remove gloves without contaminating self 	Per checkpoint	<ul style="list-style-type: none"> <input type="checkbox"/> announce self or knock before entering room <input type="checkbox"/> refrain from addressing resident using terms, other than a name, such as “honey” <input type="checkbox"/> close privacy curtain before providing care 	<ul style="list-style-type: none"> <input type="checkbox"/> leave call light in or near resident’s hand, or on the bed within reach at end of skill <input type="checkbox"/> leave bed in low position at end of skill
Partial bed bath	<ul style="list-style-type: none"> <input type="checkbox"/> refrain from touching resident before hands are clean <input type="checkbox"/> end skill with clean hands <input type="checkbox"/> avoid holding clean or dirty linen against clothing <input type="checkbox"/> avoid placing linen or clothing directly on floor <input type="checkbox"/> use bath basin to contain bath water <input type="checkbox"/> remove gloves (if worn) without contaminating self 	<ul style="list-style-type: none"> <input type="checkbox"/> ask resident about comfort with water temperature <input type="checkbox"/> per checkpoint 	<ul style="list-style-type: none"> <input type="checkbox"/> announce self or knock before entering room <input type="checkbox"/> refrain from addressing resident using terms, other than a name, such as “honey” <input type="checkbox"/> close privacy curtain before providing care <input type="checkbox"/> minimize exposure of resident while bathing <input type="checkbox"/> leave resident covered with top sheet at completion of care (arms do not need to be under covers) 	<ul style="list-style-type: none"> <input type="checkbox"/> leave call light in or near resident’s hand at end of skill <input type="checkbox"/> leave bed in low position at end of skill
Perineal care	<ul style="list-style-type: none"> <input type="checkbox"/> refrain from touching resident before hands are clean <input type="checkbox"/> end skill with clean hands <input type="checkbox"/> avoid placing soiled linen (e.g., washcloth, towel, underpad) directly on overbed table <input type="checkbox"/> avoid holding clean or dirty linen against clothing <input type="checkbox"/> avoid placing linen directly on floor <input type="checkbox"/> use bath basin for bathing water <input type="checkbox"/> remove gloves without contaminating self 	<ul style="list-style-type: none"> <input type="checkbox"/> ask resident about comfort with water temperature <input type="checkbox"/> per checkpoint 	<ul style="list-style-type: none"> <input type="checkbox"/> announce self or knock before entering room <input type="checkbox"/> refrain from addressing resident using terms, other than a name, such as “honey” <input type="checkbox"/> close privacy curtain before providing care <input type="checkbox"/> minimize exposure of resident while bathing <input type="checkbox"/> leave resident covered with top sheet at completion of care (arms do not need to be under covers) 	<ul style="list-style-type: none"> <input type="checkbox"/> leave call light in or near resident’s hand at end of skill <input type="checkbox"/> leave bed in low position at end of skill

Skill	Standard Precautions- Infection Control	Comfort-Needs	Rights	Safety
Range of Motion (ROM)	<input type="checkbox"/> refrain from touching resident before hands are clean <input type="checkbox"/> end skill with clean hands	Per checkpoint	<input type="checkbox"/> announce self or knock before entering room <input type="checkbox"/> refrain from addressing resident using terms, other than a name, such as “honey” <input type="checkbox"/> close privacy curtain before providing care <input type="checkbox"/> leave resident covered with top sheet at completion of care (arms do not need to be under covers)	<input type="checkbox"/> leave call light in or near resident’s hand at end of skill <input type="checkbox"/> leave bed in low position at end of skill
Transfer	<input type="checkbox"/> refrain from touching resident before hands are clean <input type="checkbox"/> end skill with clean hands	Per checkpoint	<input type="checkbox"/> announce self or knock before entering room <input type="checkbox"/> refrain from addressing resident using terms, other than a name, such as “honey”	<input type="checkbox"/> leave call light in or near resident’s hand, or on the bed within reach at end of skill <input type="checkbox"/> leave bed in low position at end of skill