

TEST TAKER GUIDE – KNOWLEDGE TEST

The best way you can get ready for the test is to listen, study, and learn as much as you can from your training program. It is a good idea to talk to other nurse aides about the knowledge that will be tested.

WHAT TO EXPECT ON THE KNOWLEDGE TEST

You will take the test on a computer at a Regional Test Site. Before you answer any test questions that count for your competency evaluation, you will have the chance to take several easy practice questions to make sure you know how to use the computer.

You must receive a passing score on the Clinical Skills Test first, before taking the Knowledge Test. As with the Clinical Skills Test, you must bring your authorization to Test, two forms of identification, one picture identification with signature and one identification with signature, and Social Security card to the test site. If you do not bring these, you will **NOT** be allowed to test. Your test will be scored at the test center and you will know if you passed or failed after you take the test. If you passed, you will receive your Registry document about 14 days later.

KNOWLEDGE TEST CONTENT OUTLINE

The following content outline lists all subjects covered in the Knowledge test.

I. Role of the Nurse Assistant - 18%

A. Job Duties and Responsibilities

1. Reporting requirements
2. Personal health and safety
3. Resident's rights
4. Values
5. Ethics and legal considerations
6. Reporting abuse and neglect

B. The Health Care Team

1. Care plans
2. Resident care conferences
3. Roles of team members

C. Communication Skills

II. Promotion of Health and Safety - 15%

A. Accident prevention

B. Infection control

C. Use of restraints

D. Fire prevention and safety

E. Educating residents about health and safety

F. Maintaining a safe and comfortable environment

III. Promotion of Function and Health of Residents - 27%

A. Personal care skills

1. Feeding
2. Bathing
3. Perineal care
4. Nail care
5. Skin care
6. Toileting
7. Grooming
8. Dressing

B. Health maintenance

1. Hydration and nutrition
2. Protective devices

3. Mobility and ambulation
4. Range of motion
5. Turning and positioning
6. Transfer and appliances
7. bowel and bladder training
8. grooming
9. self care
10. assistive devices

C. Age-related changes

D. Psychosocial needs

IV. Basic Nursing Skills -25%

A. Routine situations

1. Vital signs
2. Height
3. Weight
4. Skin
5. Blood pressure
6. Elimination
7. Circulation
8. Dietary
9. Alertness
10. Memory Loss
11. Confusion
12. Sadness
13. Fear
14. Anxiety
15. Withdrawn behavior

B. Emergency Situations

1. Chest pain
2. Respiratory distress
3. Choking
4. Seizures
5. Difficulty swallowing
6. Diabetes
7. Level of consciousness
8. Falls

V. Specialized Care -15 %

A. Physical problems

1. Hearing and vision loss
2. Speech difficulty
3. Mobility
4. Paralysis
5. Incontinence
6. Constipation
7. Diarrhea
8. Nausea
9. Catheter
10. Tube feeding
11. Oxygen therapy
12. Dietary restrictions
13. Pain

B. Psychological problems

1. Confusion
2. Memory loss
3. Anxiety
4. Combativeness
5. Depression
6. Fear
7. Grief
8. Mental retardation
9. Pain

C. Care of the dying resident

WORDS TO KNOW

Make sure you know the following words before you take your test:

- Activities of Daily Living (ADL)
- AIDS
- Alcohol
- Amputated
- Anxiety
- Aspiration
- Assignment
- Assistance
- Bedpan
- Behavior
- Bladder
- Blood pressure
- Bowel
- Bowel movement
- Call light
- Calluses
- Care plan
- Catheter
- Charge nurse
- Comatose
- Combative
- Commode
- Communicate
- Confused
- Constipation
- CPR
- Decubitus
- Diabetes
- Deodorant
- Device
- Diagnosis
- Diarrhea
- Dietician
- Enema
- Fluids
- Food elevators
- Heimlich maneuver
- Incontinence
- Infection
- Inservice
- Intake and output chart
- Intravenous line
- Isolation
- Medication
- Nutritional
- Occupational therapist
- Oxygen
- Paralyzed
- Perineal care
- Personal care
- Physical therapist
- Position
- Pressure sores
- PRN
- Pulse rate
- Range of motion exercises
- Rectal area
- Resident
- Resident care conference
- Resident rights
- Respond
- Respiratory rate
- Restraint
- Restriction
- Roommate
- Rotating
- Schedule
- Sedative
- Seizure
- Self-care program
- Skin breakdown
- Stool
- Temperature
- Thermometer
- Transfer
- Tremors
- Urine collection bag
- Vaseline
- Vital signs
- Wheelchair