

Candidate Information Bulletin



STATE OF NEW JERSEY Cosmetologist-Hairstylist Examination

The State Board of Cosmetology Examination Program is designed to test the candidate's knowledge, skills and abilities to practice in the cosmetology field and to determine whether the candidate is prepared to assume the responsibility for the safety and welfare of the public.

Content Outline for the Theory Examination

If you have any questions regarding the content outline for the theory exam, you may contact:

Prometric
Attn: NJ Cos Program
260 Energy Lane
St. Paul, MN 55108
www.prometric.com

This is a closed-book examination consisting of 110 multiple-choice questions. A score of at least **75 percent** is required to pass. You will have two hours to complete the examination. An approximate number of test questions are provided with each major heading.

1. General Concepts **20 Items**

- A. Infection Control
- B. Client Protection
- C. Salon Ethics
- D. Salon Management

2. Applied Anatomy **10 Items**

- A. Hair and Scalp
 - 1. Structure, Composition, and/or Function
 - 2. Growth and Regeneration
 - 3. Conditions, Disorders, and Diseases
 - 4. Blood Supply, Nerve, and Muscle Function
 - 5. Analysis
 - 6. Irregularities
- B. Skin
 - 1. Structure, Composition, and/or Function
 - 2. Growth and Regeneration
 - 3. Conditions, Disorders, and Diseases
 - 4. Blood Supply, Nerve, and Muscle Function
 - 5. Analysis
 - 6. Irregularities
- C. Nails
 - 1. Structure, Composition, and/or Function
 - 2. Growth and Regeneration
 - 3. Conditions, Disorders, and Diseases
 - 4. Blood Supply, Nerve, and Muscle Function
 - 5. Analysis
 - 6. Irregularities

3. Physical Services **20 Items**

- A. Shampoos and Rinses
 - 1. Materials, Implements, and Supplies
 - 2. Procedures
 - 3. Purpose and Results
 - 4. Related Chemistry
 - 5. Safety Precautions
 - 6. Types
- B. Scalp and Hair Care
 - 1. Materials, Implements, and Supplies
 - 2. Procedures
 - 3. Purpose and Results
 - 4. Related Chemistry
 - 5. Safety Precautions
 - 6. Types
- C. Skin, Facials, and Hair Removal
 - 1. Materials, Implements, and Supplies
 - 2. Procedures
 - 3. Purpose and Results
 - 4. Related Chemistry
 - 5. Safety Precautions
 - 6. Types
- D. Manicuring
 - 1. Materials, Implements, and Supplies
 - 2. Procedures
 - 3. Purpose and Results
 - 4. Related Chemistry
 - 5. Safety Precautions
 - 6. Types

4. Chemical Services **30 Items**

- A. Chemical Relaxing
 - 1. Chemical Classifications
 - 2. Corrective Measures
 - 3. Materials, Implements, and Supplies
 - 4. Procedures
 - 5. Purpose and Results
 - 6. Related Chemistry
 - 7. Safety Precautions
 - 8. Scalp and Hair Analysis
 - 9. Special Effects
 - 10. Special Hair Problems
- B. Chemical Waving
 - 1. Chemical Classifications
 - 2. Corrective Measures
 - 3. Materials, Implements, and Supplies
 - 4. Procedures
 - 5. Purpose and Results
 - 6. Related Chemistry
 - 7. Safety Precautions
 - 8. Scalp and Hair Analysis
 - 9. Special Effects

- 10. Special Hair Problems
- C. Hair Coloring
 - 1. Chemical Classifications
 - 2. Corrective Measures
 - 3. Materials, Implements, and Supplies
 - 4. Procedures
 - 5. Purpose and Results
 - 6. Related Chemistry
 - 7. Safety Precautions
 - 8. Scalp and Hair Analysis
 - 9. Special Effects
 - 10. Special Hair Problems
- D. Hair Lightening
 - 1. Chemical Classifications
 - 2. Corrective Measures
 - 3. Materials, Implements, and Supplies
 - 4. Procedures
 - 5. Purpose and Results
 - 6. Related Chemistry
 - 7. Safety Precautions
 - 8. Scalp and Hair Analysis
 - 9. Special Effects
 - 10. Special Hair Problems
- 5. Hairstyling and Shaping** **20 Items**
 - A. Hair Shaping
 - 1. Curl Formation
 - 2. Designing
 - 3. Cutting Hair with Clippers
 - 4. Materials, Implements, and Supplies
 - 5. Purpose and Results
 - 6. Safety Precautions
 - 7. Techniques
 - B. Hair Styling
 - 1. Curl Formation
 - 2. Designing
 - 3. Materials, Implements, and Supplies
 - 4. Purpose and Results
 - 5. Safety Precautions
 - 6. Techniques
 - C. Wigs and Extensions
- 6. Laws and Regulations** **5 Items**
 - A. NJ Laws and Regulations
- 7. Barber** **5 Items**
 - A. Shaving

References

This examination will emphasize information presented in these references.

1. *Milady's Standard Cosmetology*, First Edition, 2004, Milady Publishing/Thomson Learning, 10650 Toebben Drive, Independence, KY 41051, www.milady.com.
2. *Milady's Standard Textbook of Professional Barber-Styling*, Third Edition, 1999, Milady Publishing/Thomson Learning, 10650 Toebben Drive, Independence, KY 41051, www.milady.com.
3. *Salon Fundamentals: A Resource for Your Cosmetology Career*, First Edition, 2000, Pivot Point International, Inc., 525 Busse Road, Elk Grove, IL 60007, www.pivot-point.com.
4. *New Jersey State Board of Cosmetology and Hairstyling Statutes (N.J.S.A. 45:5B-1 et seq.)*, December 2000, New Jersey State Board of Cosmetology and Hairstyling, P.O. Box 45003 Newark, NJ 07101, www.state.nj.us/lps/ca/nonmed.htm.

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Candidate Information Bulletin



STATE OF NEW JERSEY Beautician Examination

The State Board of Cosmetology Examination Program is designed to test the candidate's knowledge, skills and abilities to practice in the cosmetology field and to determine whether the candidate is prepared to assume the responsibility for the safety and welfare of the public.

Content Outline for the Theory Examination

If you have any questions regarding the content outline for the theory exam, you may contact:

Prometric
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St. Paul, MN 55108
www.prometric.com

This is a closed-book examination consisting of 105 multiple-choice questions. A score of at least **75 percent** is required to pass. You will have two hours to complete the examination. An approximate number of test questions are provided with each major heading.

- | | |
|--|---|
| <p>1. General Concepts 20 Items</p> <ul style="list-style-type: none">A. Infection ControlB. Client ProtectionC. Salon EthicsD. Salon Management <p>2. Applied Anatomy 10 Items</p> <ul style="list-style-type: none">A. Hair and Scalp<ul style="list-style-type: none">1. Structure, Composition, and/or Function2. Growth and Regeneration3. Conditions, Disorders, and Diseases4. Blood, Nerve, Muscle Supply and Function5. Analysis6. IrregularitiesB. Skin<ul style="list-style-type: none">1. Structure, Composition, and/or Function2. Growth and Regeneration3. Conditions, Disorders, and Diseases4. Blood, Nerve, Muscle Supply and Function5. Analysis6. IrregularitiesC. Nails<ul style="list-style-type: none">1. Structure, Composition, and/or Function2. Growth and Regeneration3. Conditions, Disorders, and Diseases4. Blood, Nerve, Muscle Supply and Function5. Analysis6. Irregularities <p>3. Physical Services 20 Items</p> <ul style="list-style-type: none">A. Shampoos and Rinses<ul style="list-style-type: none">1. Materials, Implements, and Supplies | <ul style="list-style-type: none">2. Procedures3. Purpose and Results4. Related Chemistry5. Safety Precautions6. Types <p>B. Scalp and Hair Care</p> <ul style="list-style-type: none">1. Materials, Implements, and Supplies2. Procedures3. Purpose and Results4. Related Chemistry5. Safety Precautions6. Types <p>C. Skin, Facials and Hair Removal</p> <ul style="list-style-type: none">1. Materials, Implements, and Supplies2. Procedures3. Purpose and Results4. Related Chemistry5. Safety Precautions6. Types <p>D. Manicuring</p> <ul style="list-style-type: none">1. Materials, Implements, and Supplies2. Procedures3. Purpose and Results4. Related Chemistry5. Safety Precautions6. Types <p>4. Chemical Services 30 Items</p> <ul style="list-style-type: none">A. Chemical Relaxing<ul style="list-style-type: none">1. Chemical Classifications2. Corrective Measures3. Materials, Implements, and Supplies4. Procedures5. Purpose and Results6. Related Chemistry7. Safety Precautions8. Scalp and Hair Analysis9. Special Effects10. Special Hair ProblemsB. Chemical Waving<ul style="list-style-type: none">1. Chemical Classifications2. Corrective Measures3. Materials, Implements, and Supplies4. Procedures5. Purpose and Results6. Related Chemistry7. Safety Precautions8. Scalp and Hair Analysis9. Special Effects10. Special Hair ProblemsC. Hair Coloring<ul style="list-style-type: none">1. Chemical Classifications |
|--|---|

2. Corrective Measures
 3. Materials, Implements, and Supplies
 4. Procedures
 5. Purpose and Results
 6. Related Chemistry
 7. Safety Precautions
 8. Scalp and Hair Analysis
 9. Special Effects
 10. Special Hair Problems
- D. Hair Lightening
1. Chemical Classifications
 2. Corrective Measures
 3. Materials, Implements, and Supplies
 4. Procedures
 5. Purpose and Results
 6. Related Chemistry
 7. Safety Precautions
 8. Scalp and Hair Analysis
 9. Special Effects
 10. Special Hair Problems
5. **Hair Styling and Shaping** **20 Items**
- A. Hair Shaping
 - B. Hair Styling
 1. Curl Formation
 2. Designing
 3. Materials, Implements, and Supplies
 4. Purpose and Results
 5. Safety Precautions
 6. Techniques
 - C. Wigs and Extensions
6. **Laws and Regulations** **5 Items**
- A. NJ Laws and Regulations

References

This examination will emphasize information presented in these references.

1. *Milady's Standard Cosmetology*, First Edition, 2004, Milady Publishing/Thomson Learning, 10650 Toebben Drive, Independence, KY 41051, www.milady.com.
2. *Salon Fundamentals: A Resource for Your Cosmetology Career*, First Edition, 2000, Pivot Point International, Inc., 525 Busse Road, Elk Grove, IL 60007, www.pivot-point.com.
3. *New Jersey State Board of Cosmetology and Hairstyling Statutes (N.J.S.A. 45:5B-1 et seq.)*, December 2000, New Jersey State Board of Cosmetology and Hairstyling, P.O. Box 45003 Newark, NJ 07101, www.state.nj.us/lps/ca/nonmed.htm.

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Candidate Information Bulletin



STATE OF NEW JERSEY Skin Care Specialist Examination

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Content Outline for the Theory Examination

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- | | |
|----------------------------------|-----------------|
| 1. General Concepts | 20 Items |
| A. Infection Control | |
| B. Client Protection | |
| C. Salon Ethics | |
| D. Salon Management | |
| 2. Applied Anatomy | 30 Items |
| A. Histology of Skin | |
| 1. Cell | |
| 2. Tissue | |
| B. Dermatology | |
| 1. Structure of Skin and Glands | |
| 2. Functions of Skin and Glands | |
| 3. Conditions of Skin and Glands | |
| 4. Characteristics of Skin | |
| 5. Nutrition | |
| 3. Skin Treatments | 25 Items |
| A. Facial Massage | |
| 1. Benefits | |
| 2. Analysis | |
| 3. Preparation | |
| 4. Manipulations | |
| 5. Safety Measures | |
| 4. Hair Removal | 5 Items |
| A. Waxing | |
| B. Tweezing | |
| C. Depilatories | |

- | | |
|--------------------------------|-----------------|
| 5. Makeup | 20 Items |
| A. Purpose and Effects | |
| B. Supplies and Implements | |
| C. Preparation | |
| D. Procedures | |
| E. Safety Measures | |
| 6. Laws and Regulations | 5 Items |
| A. NJ Laws and Regulations | |

References

This examination will emphasize information presented in these references.

1. *Milady's Standard Fundamentals for Estheticians*, Ninth Edition, 2004, Milady Publishing/Thomson Learning, 10650 Toeppen Drive, Independence, KY 41051, www.milady.com.
2. *Salon Fundamentals Esthetics: A Resource for Your Skin Care Career*, 2004 Edition, Pivot Point International, Inc., 525 Busse Road, Elk Grove, IL 60007, www.pivot-point.com.
3. *New Jersey State Board of Cosmetology and Hairstyling Statutes (N.J.S.A. 45:5B-1 et seq.)*, December 2000, New Jersey State Board of Cosmetology and Hairstyling, P.O. Box 45003 Newark, NJ 07101, www.state.nj.us/lps/ca/nonmed.htm.

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Candidate Information Bulletin



STATE OF NEW JERSEY Teacher Examination

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- | | |
|-----------------------------------|-----------------|
| 1. Motivation and Learning | 20 Items |
| A. Learning Process | |
| B. Curriculum | |
| C. Course Study | |
| D. Individual Differences | |
| 2. Teacher Preparation | 20 Items |
| A. Methodology | |
| B. Presentation | |
| C. Objectives | |
| 3. Teaching Methods | 30 Items |
| A. Communication Techniques | |
| B. Course Development | |
| C. Instructional Aides | |
| D. Discussion | |
| E. Lecture | |
| F. Demonstration | |
| G. Performance | |
| 4. Classroom Management | 10 Items |
| A. Safety | |
| B. Discipline | |
| C. Supervision | |
| 5. Testing | 10 Items |
| A. Purpose | |
| B. Methods | |
| C. Test Construction | |
| D. Administration | |

- | | |
|----------------------------------|-----------------|
| 6. Instruction Evaluation | 10 Items |
| A. Effects on Students | |
| B. Teaching Plans | |
| C. Performance | |
| D. Student Evaluation | |
| 7. Laws and Regulations | 5 Items |
| A. NJ Laws and Regulations | |

References

This examination will emphasize information presented in these references.

1. *Milady's Master Educator Exam Review*, First Edition, 2001, Milady Publishing/Thomson Learning, 10650 Toeppen Drive, Independence, KY 41051, www.milady.com.
2. *New Jersey State Board of Cosmetology and Hairstyling Statutes (N.J.S.A 45:5B-1 et seq.)*, December 2000, New Jersey Board of Cosmetology and Hairstyling, P.O. Box 45003, Newark, NJ 07101, www.state.nj.us/lps/ca/nonmed.htm.

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Candidate Information Bulletin



STATE OF NEW JERSEY Manicurist Examination

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- | | |
|---|--|
| <p>1. General Concepts 20 Items</p> <ul style="list-style-type: none">A. Infection ControlB. Client ProtectionC. Salon EthicsD. Salon Management <p>2. Applied Anatomy 10 Items</p> <ul style="list-style-type: none">A. BacteriologyB. Anatomy and Physiology<ul style="list-style-type: none">1. Nails (Hands and Feet)<ul style="list-style-type: none">a. Structure, Composition and Growthb. Diseases and Irregularities2. Skin<ul style="list-style-type: none">a. Structure and Function, Regenerationb. Disordersc. Bones, Muscles, Nerves, and Blood <p>3. Chemical Concepts 20 Items</p> <ul style="list-style-type: none">A. Product KnowledgeB. Ingredients and Usage MaterialsC. EPA and OSHA RequirementsD. Manicuring and Pedicuring <p>4. Physical Concepts 50 Items</p> <ul style="list-style-type: none">A. Purpose and Results<ul style="list-style-type: none">1. Massage2. Manicure3. Pedicure4. Gel Nails5. Nail Artistry6. Nail Wraps7. Nail Tips | <ul style="list-style-type: none">8. Sculptured Nails9. Repair Techniques <p>B. Preparation</p> <ul style="list-style-type: none">1. Massage2. Manicure3. Pedicure4. Gel Nails5. Nail Artistry6. Nail Wraps7. Nail Tips8. Sculptured Nails9. Repair Techniques <p>C. Supplies and Equipment</p> <ul style="list-style-type: none">1. Massage2. Manicure3. Pedicure4. Gel Nails5. Nail Artistry6. Nail Wraps7. Nail Tips8. Sculptured Nails9. Repair Techniques <p>D. Procedures</p> <ul style="list-style-type: none">1. Massage2. Manicure3. Pedicure4. Gel Nails5. Nail Artistry6. Nail Wraps7. Nail Tips8. Sculptured Nails9. Repair Techniques <p>E. Care, Safety, and Sanitation</p> <ul style="list-style-type: none">1. Massage2. Manicure3. Pedicure4. Gel Nails5. Nail Artistry6. Nail Wraps7. Nail Tips8. Sculptured Nails9. Repair Techniques <p>5. Laws and Regulations 5 Items</p> <ul style="list-style-type: none">A. NJ Laws and Regulations |
|---|--|

References

This examination will emphasize information presented in these references.

1. *Milady's Standard Nail Technology*, Fourth Edition, 2004, Milady Publishing/Thomson Learning, 10650 Toebben Drive, Independence, KY 41051, www.milady.com.
2. *New Jersey State Board of Cosmetology and Hairstyling Statutes (N.J.S.A 45:5B-1 et seq.)*, December 2000, New Jersey Board of Cosmetology and Hairstyling, P.O. Box 45003, Newark, NJ 07101, www.state.nj.us/lps/ca/nonmed.htm.

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